

ISLAND ♥ BREAD

INGREDIENTS:

- 2 eggs
- 2 cups flour
- 1 cup brown sugar
- 3 very ripe bananas
- 1/2 cup apple sauce
- 1 cup fresh pineapple, crushed
- 1 tsp vanilla
- 1 tsp cinnamon
- 1 baking powder
- 1/2 tsp nutmeg

HOW TO:

1. Preheat the oven to 350 degrees. Grease a 4 mini loaf pan.
2. In a large mixing bowl, mix in flour, brown sugar, fresh pineapple, cinnamon, nutmeg, salt, baking soda, vanilla, apple sauce. Stir together.
3. Then add to the mixing bowl, bananas and eggs. Stir mixture until everything is combined and bananas are all mashed.
4. Pour the mixture half way up each of the 4 section in the greased loaf pan.
5. Bake for 20- 25 minutes and until a wooden skewer comes out clean.

ENJOY!

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